

# north shore senior center

## Professional & Community Education Programs



## What Are Your Fears About Death? Learn from a Death Doula (Online)

Presented by **Catherine Durkin Robinson**

Participants will learn about Death Doulas and related topics such as:

- What Death Doulas do and how they provide end of life support
- The three main categories of death anxiety
- How do reduce death anxiety after a difficult diagnosis

**Thursday, February 8**

**9:30 - 11 a.m. | Online**

To register, call **847.784.6030** or visit [nssc.org](http://nssc.org)

**Free attendance. Registration required.**

**1.5 CEUs available for LPC/LCPCs and LSW/LCSWs for \$10.**

